

CAMP EDUCATION SOCIETY'S

Rasiklal M. Dhariwal Institute of Management

Sector No. 27/A, Nigdi Pradhikaran, Pune – 411044

Date: Saturday, March 14, 2026

Workshop on

“Nirbhaya Kanya Abhiyan-Counselling Program”

Institute's Board of Students' Development (BSD) Cell organized a workshop on **“Nirbhaya Kanya Abhiyan – Counselling Program”** on **Saturday, March 14, 2026**, in association with BSD, Savitribai Phule Pune University, Pune.

The aim of the workshop was to empower students by creating awareness about their personal safety, mental well-being, self-confidence, emotional well-being, self-confidence, decision-making ability, and resilience. The workshop commenced with an **Intercollegiate Storytelling Competition**. Students' teams from various colleges and institutes participated and presented their ideas and perspectives on the theme through storytelling evaluated by an expert faculty panel.

The themes for the competition were:

1. Indian Women Freedom Fighters
2. Women Padma Award Winners
3. Women Innovators and Entrepreneurs
4. Women Who Have Meaningfully Contributed to Society

Students' teams enthusiastically participated by presenting inspiring stories based on either of the given themes. Through powerful narration and expressive storytelling, participants highlighted remarkable journeys of great personalities such as Savitribai Phule, Indira Gandhi, Tessy Thomas popularly known as the “Missile Woman of India”, Sindhu Tai Sapkal, and Karuna Nair. The event encouraged students to appreciate extraordinary contributions of women who have shaped society and the nation through their dedication and achievements.

Self-Defence Demonstration conducted by **Sheetal Varhade, Pratik Varhade and team comprising of 10 members** showcased the traditional Maharashtrian martial art **Lathi Kathi**. Through demonstrations, students learned basic defensive movements, methods of protecting themselves from potential threats, and ways to respond effectively during emergencies through alertness, quick reflexes, and confidence.

An **expert session** was conducted by **Vaishnavi Deshpande** from **Pratham Infotech** on **IBM Skills Portal and Career Management Essentials in the AI Environment**. During her session, she highlighted importance of continuous skill development in the era of **Artificial Intelligence** and narrated various online courses and certifications available on the portal.

Main function of workshop started with **Lighting of the Lamp and Saraswati Poojan** at the hands of dignitaries. Dignitaries were warmly welcomed by student anchors. Guests were felicitated with memento and holy sapling as a token of gratitude by the Director. Dr. Bharat Kasar. In his opening remarks, he highlighted importance of women's empowerment, safety, and self-confidence among students. Referring to **Nirbhaya Kanya Abhiyan – Counselling Program**, he emphasized the need of such workshops to create awareness about personal safety, mental well-being, self-confidence, resilience, and leadership qualities among young women.

Keynote speaker, Prof. Rohit Patil through his address on **Stress Management**, shared valuable insights on understanding stress and adopting effective techniques to manage both personal and professional challenges. He emphasized importance of maintaining mental well-being, positive thinking, and work-life balance.

Chief Guest, Mrs. Sarika Khopade, Senior Manager and Consultant, TCS, delivered an insightful address on AI and its implications in present day, with special reference to opportunities for women. She highlighted how Artificial Intelligence is transforming various industries and creating new career avenues and encouraged participants to actively participate in technology-driven fields by developing digital skills and staying updated with emerging technologies.

During Prize Distribution Ceremony, **Winners team, ASM College of Commerce Science and Information Technology**, were awarded with cash Prize of Rs, 2000/- & certificates and **Runners-Up team, PES Modern College of Pharmacy Moshi**, were awarded with cash prize of Rs. 1000/- & certificates. More than 60 students from various colleges and institutes actively participated in the workshop. Story telling competition, Self-defence demo, and expert sessions were highly appreciated by all attendees.

Workshop concluded with a 'Vote of Thanks' by student anchor. The event was successfully anchored, coordinated, and conducted by students' volunteers, Akansha Anap, Siddhi Mali, Manasi Dongare, Monika Tamang, Sneha Bansode, Kajal Yadav, Mahesh Madrewar, Rutuja Galphade, and Akshata Waghmare.

Collective efforts of student volunteers under the guidance of faculty members, Dr. Rajesh Londhe, Dr. Ritu Kasliwal, Dr. Amitabh Patil, Prof. Ritesh Phalke and staff members, Mr. Dipak Dahagaokar, Mr. Sanjay Wadje, and Mrs. Kalpana Karwande, ensured grand success of the program.

Mr. Dipak Dahagaokar
Student Development Officer

Dr. Bharat Kasar
Director

Glimpses of the Event



Saraswati Poojan



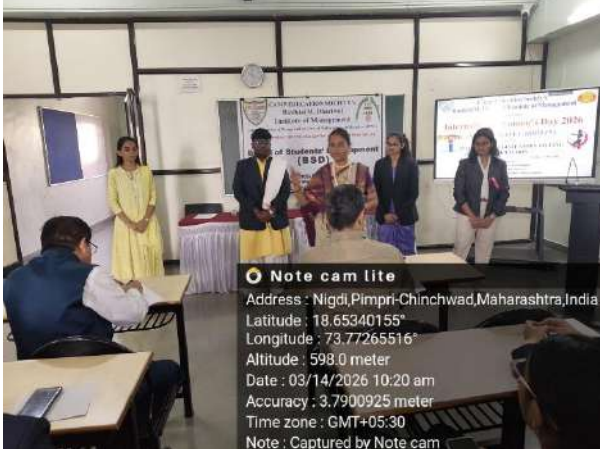
Felicitation of Mrs. Sarika Gaikwad (Chief Guest)



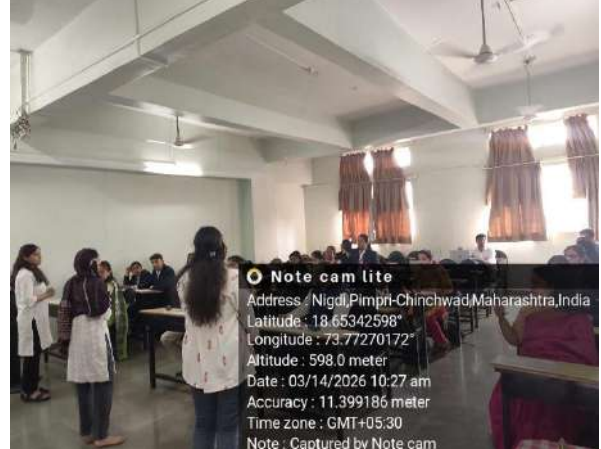
**Felicitation of Mr. Rohit Patil
(Keynote Speaker)**



**Felicitation of Mrs. Sheetal Varhade
(Self Defence Trainer)**



**Students' Presenting Their Story Telling
Based on the Competition Theme**



**Students' Presenting Their Story
Telling Based on the Competition Theme**



Traditional Lathi-Kathi Martial Arts Demonstration



Traditional Lathi-Kathi Martial Arts Demonstration



Prof. Rohit Patil Addressing Participants (Keynote Speaker)



Mrs. Sarika Khopade Addressing Participants (Chief Guest)



Winner Prize Distribution: Cash Prize along with Certificate



Workshop Participants